



ANANTARA

AL JABAL AL AKHDAR
RESORT



ANANTARA MOUNTAIN JOURNEYS

Spectacularly secluded in the Al Hajar mountain range, Anantara Al Jabal Akhdar Resort beckons the inquisitive traveller with an array of inspirational mountain journeys, immersing you into the unique mountainside culture, history and adventure. Join us as we invite you to climb to cooler climes.

Having grown up in the nearby villages, our Mountain Gurus have an unsurpassed knowledge of the area, giving guests an authentic taste of local life and putting travellers in touch with the surrounding culture, history and landscape.



Signature Hikes

WADI OF WATERFALLS

This guided hiking trail begins with a view of Hail Yemen village, a 10-minute drive from the resort. The trail passes military bunkers dating back to 1956 during the war between Oman and Britain.

As you make your way to the waterfall you will find fossils, wild donkeys, goats and a variety of indigenous plants. This wadi has flowing water all year round, with several waterfalls leading you to a natural pool. Enjoy a refreshing swim and the rejuvenating sound of birds and flowing water. The perfect location for a picnic. Your guide will prepare cardamom Omani coffee with delicious local dates.

As you hike up the mountain you will pass by “nature's window”, a spectacular natural rock formation, and a 360-degree boulder terrace, a perfect spot for photo memories.

Guide: Yes

Level of Difficulty: intermediate

Age Group: 8 – 65 years

Duration: 5 hours

Distance: 6 km

Group activity:

- OMR 50 per person / OMR 80 per couple / OMR 25 per child 13 years old and below
- Minimum of 2 persons and maximum 8 persons per guided tour
- Includes complimentary water, Omani coffee and dates
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 2 hours before the start of the tour

WADI AL BAWAARID

Wadi Al Bawaarid means ‘cold water’ in Arabic. A 20 minute drive from the resort to Siaq. Hike along a natural fossil staircase as you descend into a spectacular valley of natural caves, steep mountain slopes and rock formations. Hike along the wadi river bed to discover seasonal natural pools with frogs, small fish, dragonflies and swallows playfully gliding in the breeze. Your guide will bring you to abandoned houses which are 100 years old and soldier grave sites post war. A majestic cave offers cool shade next to seasonal natural pools. Picturesque mountain views are the ideal location for a day picnic.

Guide: Yes

Level of Difficulty: Moderate

WADI OF ABANDONED VILLAGES

The hike begins from Sogra Village, a 30 minute drive from the resort. As you descend towards the wadi crossing a small man made dam, home to croaking frogs and dancing dragonflies, you pass several abandoned villages, of the Ashureq tribe as you hiking and climb over boulders of the Sogra Wadi. This wadi is approximately 3 metres deep in water during the winter and dry the rest of the year. This hike will bring you up to the Old Al Ma’awil Cave, with abandoned double storey houses.

Your guide will share the history of the cave, village and people. This wadi is alive with nature – singing birds and beetles, butterflies and wild black berry trees.

Guide: Yes

Level of Difficulty: For Experience Hikers

Age Group: 12 – 65 years

Duration: 6 hours

Distance: 6 km

Group activity:

- OMR 50 per person / OMR 80 per couple / OMR 25 per child 13 years old and below
- Minimum of 2 persons and maximum 8 persons per guided tour
- Includes complimentary water, Omani coffee and dates
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 2 hours before the start of the tour

Age Group: 8 – 65 years

Duration: 4 hours

Distance: 6 km

Group activity:

- OMR 50 per person / OMR 80 per couple / OMR 25 per child 13 years old and below
- Minimum of 2 persons and maximum 8 persons per guided tour
- Includes complimentary water, Omani coffee and dates
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 2 hours before the start of the tour



Mountain Biking

CYCLE TO SIAQ VILLAGE VIEW

Starting from the Resort this wonderful cycling experience, will bring you to breath taking views of the Hajjah mountains from Al Ayn dam. A short off-road cycle to Ash Shirayjah (seasonal) dam view the military exercise area, while passing wild olive and black berry trees.

Enjoy a scenic photo, view and rest point, the iconic 3 villages, Al Aqur, Al Ayn and Ash Shirayjah.

The venture continues to a British war plane site from 1956, the war between Oman and Britain. The aeroplane remains are revered as a sign of victory to Omani's.

The cycle journey brings you an aerial view point of the oldest village in Al Jabal Al Akhdar - Siaq. With over 100 homes to locals, this thriving village is known for its Damask rose water distillery, Pomegranate, grapes, walnut and fig trees. Enjoy the rest point and amazing village view before returning to the resort.

Guide: Yes

Level of Difficulty: Moderate to challenging

Age group: 14 – 65 years

Duration: 2 hour

Distance: 11 km

Group activity:

- OMR 25 per person
- Includes complimentary water
- Minimum of 2 persons and maximum 8 persons per guided tour
- Limited to bicycle availability
- Maximum 9 adults and 5 teenagers
- Reservation required 2 hours before the start of the tour

CYCLE TO HAIL YEMEN

Hail Yemen village is named after the original inhabitants from Yemen who migrated to Al Jabal Al Akhdar. Cycling from the resort through the main village, Sayh Qatanah, view modern Omani residential architecture infused with a village lifestyle, with roaming goats and crowing rosters. Pass through local mosques, supermarkets, schools and majlis (men's meeting rooms).

This village cycling venture will bring you to an aerial view of Hail Yemen. Nestled in a valley, this village harvests seasonal pomegranates and grapes in June.

Guide: Yes

Level of Difficulty: Easy

Age Group: 14 – 65 years

Duration: 1 hour

Distance: 4 km

Group activity:

- OMR 25 per person
- Includes complimentary water
- Minimum of 2 persons and maximum 8 persons per guided tour
- Limited to bicycle availability
- Maximum 9 adults and 5 teenagers
- Reservation required 2 hours before the start of the tour

CULTURAL BIKE TOUR*

After a short car transfer with the bikes, easy on and off cycling to Bahla and Jabrin Castle. Riding through the labyrinths of the narrow roads to the city, passing by Bahla Fort or the Souk of potteries as a part of the UNESCO world heritage.

Guide: Yes

Level of Difficulty: Moderate to challenging

Available: 15 October – 15 April

Age Group: 14-65 Years

Duration: 4-5 hours

Distance: 37 km

Group activity:

- 3 – 10 persons: OMR 65 per person / 2 persons: OMR 75 per person / 1 person: OMR 105 per person
- Includes complimentary water
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 24 hours before the start of the tour

OASIS CYCLE TOUR - AL HAMRA*

Cycling in and around Al Hamra, under the sun and palm trees, between the ancient buildings of 400-year-old villages. On and off road cycling with some humps.

Guide: Yes

Level of Difficulty: Challenging

Available: 15 October – 15 April

Duration: 4-5 hours

Distance: 28 kilometres

Age Group: 14-65 years

Group activity:

- 3 – 10 persons: OMR 60 per person / 2 persons: OMR 70 per person / 1 person: OMR 100 per person
- Includes complimentary water
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 24 hours before the start of the tour

CANYON CYCLE TOUR, TANUF*

After a car transfer with the bikes, we will be riding to and from the close by Tanuf Canyon, on mostly tarmac roads, inside the deep canyon, on very loose gravel roads with steep parts until Qashah village.

Guide: Yes

Level of Difficulty: Moderate to challenging

Available: 15 October – 15 April

Duration: 2-3 hours

Age Group: 14-65 Years

Group activity:

- 3 – 10 persons: OMR 70 per person / 2 persons: OMR 80 per person / 1 person: OMR 105 per person
- Includes complimentary water
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 24 hours before the start of the tour

FREEFALL DOWNHILL CYCLING*

The ride begins after a 20-minute car transfer to the top of the paved mountain road and short sightseeing 2000 metres to both sides of the hill, with the view of Bilad Sayt and the hut, we carefully descend on a steep road with cooling stops and nearby villages. Not the speed that is the goal but the view.

Guide: Yes

Level of Difficulty: Moderate to challenging

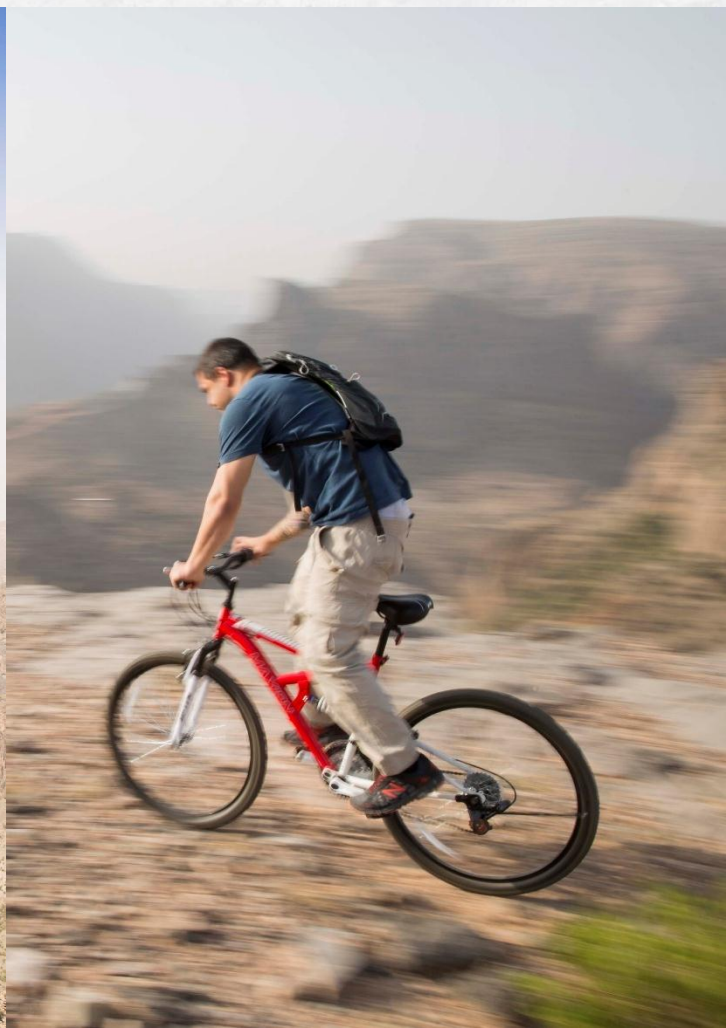
Available: 15 October – 15 April

Duration: 4-5 hours

Age Group: 14-65 years

Group activity:

- 3 – 10 persons: OMR 70 per person / 2 persons: OMR 80 per person / 1 person: OMR 105 per person
- Includes complimentary water
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 24 hours before the start of the tour



Cultural Walks

THREE VILLAGE TOUR

Guided by an Omani Mountain Guru, discover the history and culture of 3 iconic villages: Al Aqr, Al Ayn and Ash Shirayjah. These villages still use an ancient irrigation system called 'falaj' to maintain the cliff hanging terrace farms. Harvesting Damask roses, pomegranates, walnuts, pears, grapes, garlic and onions. Pass a medicinal distillery, majlas, mosques, abandoned and inhabited homes, narrow alleys and old wooden doors. Your guide will enrich you with historical information for each village with interesting details of the local people and culture.

Guide: Yes

Level of Difficulty: Moderate walking

Age group: 8 – 65 years

Duration: 2.5 hours (One Way)

Distance: 3 km

Group activity:

- OMR 30 per person / OMR 55 per couple
- Includes complimentary water
- Minimum of 2 persons and maximum 8 persons per guided tour
- Reservation required 2 hours before the start of the tour

ROSE WATER OF AL JABAL AL AKHDAR

Meet the village elder, Abudaullha, who has the oldest hand in traditional rose water making. His endless rose garden is a sight on its own. The Damask rose grows between the months of March until mid-May, however Abudaullha will welcome you into his distillery of tarnish silver bowls and fire clay oven. Explaining in Arabic the ancestral technique, your Mountain Guru will translate his story for you.

His family's recipe of traditional rose water making is recognised by the Oman Heritage foundation. Rose water has many healing properties for the skin, hair and digestion. This amazing 'Rose Potion' is available for sale should you wish to take home a piece of the mountain.

Guide: Yes

Level of Difficulty: Driving tour to Siaq, moderate walking to distillery

Age group: 8 – 65 years

Duration: 1 hour

Group activity:

- OMR 30 per person / OMR 55 per couple
- Includes complimentary water
- Minimum of 2 persons
- Reservation required 2 hours before the start of the tour



HISTORY OF OLD AND NEW WADI BANI HABIB VILLAGE

Starting from the new modern village, walk down to the old abandoned homes via a short meandering stone staircase leading to the base of the wadi. The old village was abandoned over 40 years ago due to challenges in bringing supplies, however this wadi has seasonal water allowing the local people to continue using and maintaining the hidden crops via the 'falaj' irrigation system.

Guide: Yes

Level of Difficulty: Moderate

Age group: 8 – 65 years

Duration: 1.5 hours

Distance: 2.5 km

Group activity:

- OMR 30 per person / OMR 55 per couple
- Includes complimentary water
- Minimum of 2 persons and maximum 8 persons per guided tour
- Reservation required 2 hours before the start of the tour

HERITAGE HIKING TOUR*

Easy hiking on small trails through the oasis of Al Hamra including a museum visit and hike up the old routes up to the mountain village Misfat Al Abriyeen, Enjoy a traditional Omani lunch on the terrace of a traditional old house before the driver picks you up and brings you to modern Al Hamra.

Guide: Yes

Level of Difficulty: Moderate to challenging

Available: 15 October – 15 April

Time: 09:00 – 14:00

Duration: 5 hours

Distance: 7 Kms

Age Group: 14 - 65 Years

Group activity:

- 3 – 10 persons: OMR 70 per person / 2 persons: OMR 80 per person / 1 person: OMR 115 per person
- Includes complimentary water
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 24 hours before the start of the tour

OASIS HIKING TOUR*

Hiking on small trails, this tour leads you through two small canyons, a 400 year old mountain oasis village of Misfat Al Abriyeen where you can enjoy lunch during a long break. A short car transfer then takes you to Al Hamra where you will learn about the falaj irrigation system, an UNESCO World Heritage and visit the old town and museum. Complete the tour with a car transfer up to THE VIEW.

Guide: Yes

Level of Difficulty: Moderate to challenging

Available: 15 October – 15 April

Time: 09:00 – 15:00

Duration: 7 hours

Distance: 8 Kms

Age Group: 14 - 65 Years

Group activity:

- 3 – 10 persons: OMR 70 per person / 2 persons: OMR 80 per person / 1 person: OMR 115 per person
- Includes complimentary water
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 24 hours before the start of the tour



Driving Tours and Excursions

SUNDOWN JOURNEY

Begin your sunset experience with the Anantara Sundown Ceremony in the Al Baha courtyard. Enjoy the enchanting sounds of the Omani drums and song with the lighting of the fire bowls. Thereafter embark on a 30-minute drive through steep roads passing the gardens of His Majesty Sultan Qaboos. Travelling off road and tackling rough terrain, this adventurous drive passes a 1000-year-old tree and wild donkeys. Your destination Jabal Al Sharaf, at 3300 metres above sea level is surrounded by awe-inspiring views of the Al Hajar Mountains. Once the sun is tucked away behind the rolling hills of the 'Jabal', a night drive back to the resort will offer mountain top views of the village night lights.

Guide: Yes
4x4 Driving experience
Duration: 3 hours
Daily from 5 pm

Group activity:

- OMR 20 per person/ OMR 35 per couple
- Minimum of 2 persons and maximum 4 persons per guided tour

360° SUNRISE SKYBUCKS

Begin your day inhaling the fresh air and feel the gentle breeze as the world awakes. Watch the first rays of the sun kiss the still mountainous range as you sip on freshly made Omani coffee and enjoy the 360° mountain top view of Izki and Al Jabal Al Akhdar villages.

Guide: Yes
Level of Difficulty: Easy
Age group: 8 – 65 years
Duration: 1 hour 30 min
Group activity: OMR 15 per person / OMR 25 per couple
Minimum of 2 persons and maximum 4 persons per guided tour

FASCINATING FORTS *

Nizwa, second capital, is the birthplace of Islam in the Sultanate of Oman. Nizwa boasts one of the famous and most visited Forts in Oman, built in the 17th century, and its Souq renowned for its Friday cattle auction and bustling markets with fresh produce, intricately hand-carved Khanjars (daggers) and ornamental silver jewellery. Jabreen, the finest of Oman's castles built in the late 17th century, originally owned by Imams Bel'arab (previous ruler of the land of the time). The castle displays traditional ceiling paintings and beautifully executed woodcarvings and secret chambers. Experience the 3000 old Bahla Fort which is under UNISECO heritage, the oldest fort in Oman. Enjoy a visit to the pretty village of Birkat Al Mouz situated at the foothills of Al Jabal Al Akhdar (Green Mountain). Walk through its oasis, abandoned village and dense date plantations before your return to the resort.

Friday is a Holy day in the Islamic calendar, therefore the tour will start at 7 am to ensure you catch the Cattle market in action and experience Jabreen Castle before it closes at 12 noon.

Saturday to Thursday tours start at 8 am. Nizwa Souq is open without the cattle market experience.

Guide: Yes

Level of Difficulty: Easy

Available: 15 October – 15 April

Duration: 6 hours

Distance: 200 km

Private activity:

- Minimum of 2 persons: OMR 160 per couple / Additional OMR 40 per person / Additional OMR 30 per child
- Maximum 4 persons per car.
- Includes complimentary water
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 24 hours before the start of the tour



OMAN'S GRAND CANYON*

Enjoy a scenic hour drive to Jabal Shams, the highest peak in the Hajar Mountain range, 3900m above sea level for an aerial view of Oman's Grand Canyon. A spectacular 90° drop, 1 km view down the canyon will leave you breathless. See locals selling handcrafts on route. Our second stop is at the Wadi Ghul to view the terrace farming village. Driving off road through Wadi Nakher, located in the depth of the canyon. Driving through oversized boulders at the base of the wadi. Wadi Nakher is home to the highest concentration of traditional carpet weavers in Oman. Meet with the Omani local artisans in their workshop and catch them in action. Visit Misfah, a pretty mountain village dating back to 1600 years which is still inhabited today.

Guide: Yes

Level of Difficulty: Easy – partly off road

Available: 15 October – 15 April

Duration: 7 hours

Distance: 300 km

Private activity:

- Minimum of 2 persons: OMR 160 per couple / Additional OMR 40 per person / Additional OMR 30 per child
- Maximum 4 persons per car.
- Includes complimentary water
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 24 hours before the start of the tour

WAHIBA WILDERNESS*

The Wahiba Sands desert experience is a vast mass of undulating red and white sea of sand and dunes rising up to 200 metres are also host to a variety of flora and fauna. The ever-changing patterns of the dunes are a photographer's delight. Visit a Bedouin house in this wilderness and enjoy true Omani hospitality with cardamom coffee and fresh dates. In stark contrast to this is Wadi Bani Khalid. A lush small village laced with date palms embedded in the wadi. Wadi Bani Khalid has deep natural blue pools for swimming making it a perfect picnic location.

Kindly note the driving experience to Wahiba sands is approximately 3.5 hours from the resort.

Dune bashing on request in the desert dunes, highly recommended for the adventure seekers.

Swimming permitted at Wadi Bani Khalid, ladies to remain covered while swimming.

Guide: Yes

Level of Difficulty: Easy

Available: 15 October – 15 April

Duration: 8 hours

Distance: 450 km

Private activity:

- Minimum of 2 persons: OMR 180 per couple / Additional OMR 40 per person / Additional OMR 30 per child
- Maximum 4 persons per car.
- Includes complimentary water
- Includes a light lunch: Classico sandwich selection from Al Baha inclusive of one soft beverage or juice
- Reservation required 24 hours before the start of the tour

Please note that activities marked with an asterisk * are operated by a third party.

TERMS AND CONDITIONS FOR ZAHARA*

All excursions are included with an English speaking
Chauffeur

Meals as mentioned in the program

Cost includes Entrance fees

Water is provided complimentary throughout the tour

Confirmation of excursions are subject to availability

Bookings should be reported at least 24 hours prior to
the tour date.

CANCELLATION

Should you cancel 24 hours prior to an excursion, no
cancellation charges apply

Cancellation on the day of the tour or No show will
result to 100% charges of the pre-booked excursion

IMPORTANT INFORMATION WHILE ON TOURS

Please respect the local people and its tranquillity.

Respect the local codes of behaviour and traditions of
dress (men and women should ensure that shoulders
and knees are covered).

Ask permission before photographing people, and
before entering private property.

Protect wildlife and plants. Do not pick fruits or
vegetables as villagers depend on these for their
livelihood.

Help keep the village clean. Dispose of litter and waste
properly.

Keep to designated paths when exploring the village
and surrounding farms.

Note: All prices are in Omani Rials and subject to 12%
tax and service charge

Thank you. Enjoy all the beautiful wonders Oman has
to offer.



Geocache on this tour

Family activity or Adult activity



Geocache App

Download on your smart phone



Swimming location

Reminder to bring your swimming
gear and to pack in additional dry
clothing, towel and sunblock.

Reminder for ladies to adhere local
dress codes, and to swim with long
pants and T-shirt, no swimming
suits permitted.

