

Koh Phangan

Located in the southern gulf of Thailand, Koh Phangan is the perfect getaway retreat. An exotic paradise with crystal clear waters and pristine white sand beaches. Relaxation, adventure, culture or history – whatever you are looking for it can be found here. Discover underwater sea life or fly through the jungle on a zipwire, shop at a bustling island market or simply aligning body mind and spirit with a private yoga class.





Index

Koh Phangan Map		
Wellbeing		8
Land discovery		9
Sea discovery		
Moon parties		18
Fravel note		19

Welcome

Anantara Rasananda Koh Phangan Villa Resort & Spa provides the perfect setting to sit back, relax and enjoy the tropical paradise. However, for those guests who are seeking a bit of adventure or a taste of the real Koh Phangan, we have a whole range of diversions on offer.

Take a look through the following pages and allow it to inspire you, our team is ready to arrange the ideal island holiday according to your own personal preferences.

Koh Phangan Map



Elephant Trekkin

Ride atop a gentle giant, passing through lush forest landscapes, for a true destination adventure.



Fishing and Longtail Boat Trips

Set sail at sunset for waters teeming with game fish. Enjoy incredible island views and excellent opportunities to scoop prize catches of the day.



Around the Island

Enjoy a day filled with adventure and exotic wonders. Go snorkelling and elephant trekking. Explore tropical forests and waterfalls, Chinese temples and stunning beaches.



Romantic Sunset Cruise

Hire a private speedboat or traditional longtail boat and watch a mesmerising sunset unfold. Cherish romantic tranquillity out at sea and Anantara's personalised service.



ining by Desig

Create the ideal menu with your very own private chef. Choose from our collection of dream dining settings. Then savour a romantic candlelit evening with personal butler service.



Yoga Classe

Our private and group yoga lessons combine inspirational themes, spiritual quotes and lists of yoga practices to guide you with focused intentions.



Ang Thong National Marine Park

Spend the day exploring one of Thailand's most beautiful marine parks, including private speed boat and kayaking experiences.



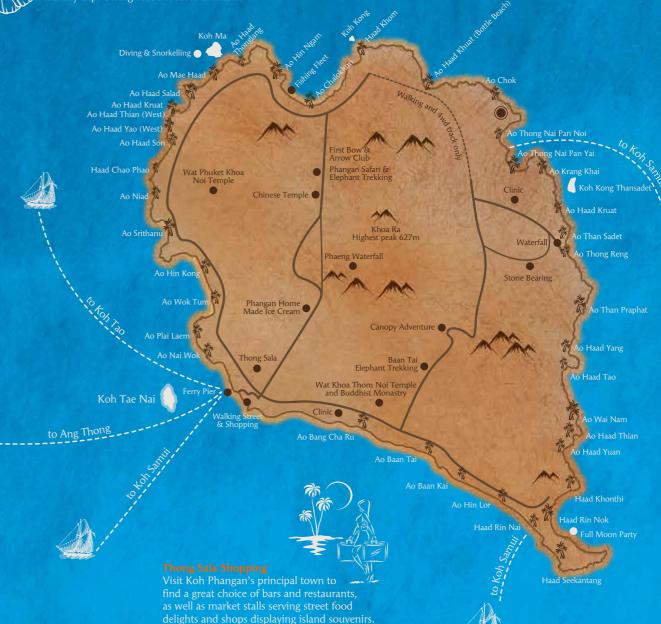
Full Moon Party

Experience the ultimate travellers'get together at Haad Rin.
Renowned as the island's nightlife capital, every month full moon is celebrated by talented DJs and thousands of revellers.



Diving and Snorkelling

Discover the most popular dive sites around Koh Phangan, including Koh Ma, Koh Nang Yuan and Koh Tao. Choose a half or full day trip. Diving PADI courses available.





Well Being

Our impassioned yoga instructors will prepare you for a day full of discovery and intrigue with sequences which will sharpen both mind and body. Whether a novice or an expert, you will be welcomed to our stunning yoga deck set on a rock to create positions which allow energy to flow through from head to toe.

Private Yoga lesson

Time: On request **Duration:** 90 Minutes

Dining by Design

The ultimate romantic dining experience can be arranged on the soft white sands of Koh Phangan. Our attentive team will set up a table under the stars for you and your loved one to share an exquisite meal. Create the perfect menu with our innovative chef and enjoy personalised butler service.

Time: From 7:00 pm







Explore behind the scenes of island life with a guided bike tour

Out & About on Koh Phangan

Duration: 4 hours

Tour available: 9:00 am – 1:00 pm and 2:00 pm – 6:00 pm

This popular route explores island life at a relaxing pace. Ride along easy paths and jungle tracks. See coconut and rubber tree plantations, a Buddhist temple and Khao Ra viewpoint on Koh Phangan's highest mountain. Visit the PAC Animal Care Centre and Thongsala's fresh market, before cycling through the Chinese quarter.

Island Treasure

Duration: 4 hours

Tour available: 8:00 am – 12:30 pm

This easy countryside route is suitable for all abilities and ages. Stop at a local school and then an elephant camp for a 15 minute elephant jungle trek. Visit a Buddhist temple and the Khao Ra viewpoint on the island's highest mountain. Cycle along jungle tracks and on to the local police station. Take a break at a roadside restaurant for a Thai style lunch. Then explore the local fresh market and old Chinese quarter.

The Real Koh Phangan Adventure

Duration: 4 hours

Tour available: 3:00 pm - 7:00 pm

Expect to get dirty on this thrilling island adventure, which is suitable for more experienced mountain bikers. Ride along paved and dirt roads, as well as tricky jungle tracks. Cut across the island heading south to reach Koh Phangan's biggest tree. Follow more jungle dirt tracks to reach The Hanging Coconut and head on to Thongsala's bustling market to buy food from the vendors, which we'll take back to the Phangan Bicycle Bar for dinner.

Pampering Spa Add-on

Relax after your bike trip with a complimentary 30 minute Foot Massage at Anantara Spa, or opt for a 60 minute Foot Massage for the additional price.

All tours include

- Private transfers
- Latest well maintained mountain bikes
- Selection of local fruits
- 30 minute Anantara Spa Foot Massage
- Tour guide
- Drinking water
- Safety helmets, saddle bags and comfort seats
- Anantara silk keychain souvenir to take home





Half Day

Half Day Private Tour (Programme A)

Nature, culture and local island life are all presented in this half day programme. Experience discovery, adrenaline and serenity and leave the rest of the day free for some resort based indulgence.

Time: 9:00 am - 12:00 pm and

1:00 pm - 5:00 pm

Tour Programme: Canopy zip-lines, homemade ice cream,

Than Sadet Waterfall, Chinese temple

Includes: Hotel transfer, soft drink and all activities

Half Day Private Tour (Programme B)

Meet the majestic elephants of the island and trek atop their back. Listen to the calming sounds of a waterfall and take in all that Mother Nature has to offer. Experience culture at a Chinese temple and cool off with a local homemade ice cream.

Time: 9:00 am - 12:00 pm and

1:00 pm - 5:00 pm

Tour Programme: Elephant trekking 30-45 minutes,

homemade ice cream, waterfall,

Chinese temple

Includes: Hotel transfer, soft drink and all activities

Half Day Private Tour (Programme C)

Start the day with a dip in the crystal clear waters at Koh Mah and view the stunning corals and fascinating fish below the surface of the sea. Grab a delicious homemade ice cream before going shopping at Thong Sala walking street.

Time: 9:00 am - 12:00 pm and

1:00 pm - 5:00 pm

Tour Programme: Snorkelling at Koh Mah, homemade

ice cream, shopping at Thong Sala

Includes: Hotel transfer, soft drink and all activities

Full Day

Full Day Private Tour (Programme A)

Experience a taste of all that the gulf coast has to offer. View natural beauty whilst gliding across a zip line suspended 150 meters in the air, and at the foot of a serene waterfall. Visit a temple to absorb some of the age old culture and observe natural marine life whilst snorkelling at Koh Mah.

Time: 10:00 am - 5:00 pm

Tour Programme: Canopy zip-lines, homemade ice cream,

waterfall, Chinese temple and snorkelling

at Koh Mah

Includes: Hotel transfer, soft drink and all activities

Full Day Private Tour (Programme B)

This full day experience captures everything, trek through the jungle atop a graceful elephant and visit a stunning waterfall to get your fill of island beauty. Journey to a temple for a taste of culture and history, before finishing the day off with relaxation and snorkelling at Koh Mah.

Time: 10:00 am - 5:00 pm

Tour Programme: Elephant trekking, homemade

ice cream, waterfall, Chinese temple,

snorkelling at Koh Mah

Includes: Hotel transfer, soft drink, and all activities

Elephant Trekking (Group Trip)

Meet the majestic creature which is often seen as a regal symbol of Thailand. Take a ride perched high atop his back and take in the natural beauty and village life that you pass by.

Time: 9:30 am- 3:30 pm

Includes: Hotel transfer, soft drink,

elephant trekking

Koh Phangan Walking Street (Group Trip)

Every Saturday afternoon from 4:00 pm, the old high street in Thong Sala becomes a lively market place for local Thais and visiting tourists, with bargains and unique items for sale. Food stalls feature typical Thai delicacies and other southern favourites. Fringed by restaurants, shops and bars, this market has something for everyone.

Time: Saturday 5:00 pm – 10:00 pm



Sea Discovery

The waters around Koh Phangan are teeming with fish and include some of the best diving and snorkelling sites the earth has to offer. Take a peek into the underwater world of these tropical beauties and catch a glimpse of stunning colours, shapes and movements not to be found on dry land.





Half Day

Half Day Snorkelling by Longtail Boat (Private Trip)

A relaxed longtail boat trip which encompasses snorkelling, swimming and sightseeing into a perfect half day package. Sunbathe on bottle beach before gathering your snorkelling gear to view the gorgeous sea life below. Visit the Than Sadet Waterfall and return refreshed and sun kissed.

Time: 9:00 am – 12:00 pm and

1:00 pm - 5:00 pm

Tour Programme: Than Sadet Waterfall,

Koh Ma and Haad Khom Bay

Includes: Longtail boat, snorkeling

equipment, soft drink

Half Day Snorkelling by Speedboat (Private Trip)

An exhilarating speedboat ride adds a splash of adrenaline to an otherwise relaxing trip. Snorkelling, swimming, sun bathing and sights will display the natural beauty of Thailand's gulf islands.

Time: 9:00 am – 12:00 pm and

1:00 pm – 5:00 pm

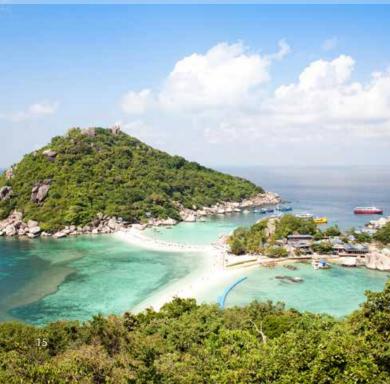
Tour Programme: Than Sadet Waterfall,

Koh Ma and Haad Khom Bay

Includes: Snorkelling equipment,

soft drink





Full Day

Ang Thong National Marine Park (Group or Private Trip)

Visit one of Thailand's most stunning marine parks to snorkel, swim, kayak and take in the beauty of mother nature. Let a speedboat whisk you off to view tropical fish and stunning corals. Climb up to the peak of a mountain and take in panoramic views, or go kayaking before returning to your home away from home.

Time: 8:30 am – 5:30 pm (private trip),

8:00 am – 5:00 pm (group trip)

Includes: Hotel transfer, speedboat,

snorkelling equipment, soft drink. Additional with group trip, lunch,

kayakand guide.

Koh Tao and Koh Nang Yuai (Group or Private Trip)

Board a speedboat and skim through the clear waters to Koh Tao and Koh Nang Yuan, two of the finest snorkeling sites in the Gulf of Thailand and destined to provide an unforgettable snorkeling experience. Spend the morning floating on the water's surface and observing marine life before relaxing on the beaches of Mango Bay and Hin Wong Bay. Then climb up to the stunning view point and soak in panoramic views before being taken back to Koh Phangan.

Time: 9:00 am – 5:00 pm (private trip),

8:00 am – 5:00 pm (group trip)

Includes: Hotel transfer, snorkelling

equipment, lunch, soft drink, guide.

Dives

Discover Scuba Diving with H2O

This one day programme is designed for first time divers. Learn the basics in a morning lesson before two easy dives at a maximum depth of 12 metres. Benefit from the private supervision of one PADI instructor for just two students, as well as the opportunity to try a dive for free. Suitable for ages 10 years and above.

Dive Sites of Koh Phangan

With the only speedboat dive service on Koh Phangan, H2O offers more sites than anyone else on the island, including the local reef at Koh Ma, the world famous Sail Rock which is frequented by whale sharks, the stunning Ang Thong Marine Park and many prime sites around Koh Tao. Dive trips are also scheduled to avoid the crowds to make the very most of your underwater adventure. Certified divers only.

PADI Five Star Dive Centre

As a PADI Five Star Dive Centre, H2O offers the full range of PADI courses from beginner to professional level and prides itself on providing the very best dive experience possible. Enjoy small, personalised groups for your comfort and safety in a wide variety of languages, as well as private instruction and boats for hire. Suitable for ages 10 years and above.

H2O Beginner Couple's Package

- 2 Discover Scuba Dives
- Private Instructor
- Free H2O t-shirt
- **H2O Certified Diver Package**
- Private Instructor

• 2 Fun Dives

Private Consultation

• Private Consultation

• Free Camera Rental

• Free H2O t-shirt

H2O Certified Diver Couple's Package

- 2 Fun Dives
- Private Instructor

- Private Consultation
- Free H2O t-shirt

Cruises & Boat Trips

Take in the natural beauty of this stunning region from the comfort of a boat rocking gently on the waves.

Anantara Rasananda Sunset Cruise

Watch the colours of the sky transform, and the sun sink into the sea from your own private speedboat. Listen to the sound of gentle waves, sit back with a drink and a canapé, and enjoy this magical time of day. With personalised service, we can cater to your unique preferences or adapt the trip to fit any special occasion.

Time: 5:30 pm – 7:00 pm

Tour Programme: Bottle Beach, Koh Ma, Sunset Point

Includes: Anantara Rasananda speedboat, sparkling wine ,canapé.

Romantic Sunset by Longtail Boat

Take your own private longtail boat out onto the water and take in a stunning sunset. The immersive ambiance will bring serenity with the sound of the sea. Indulge in sparkling wine and canapés to make this journey extra special. With personalised service, we can cater to your unique preferences or adapt the trip to fit any special occasion.

Time: 5:30 pm – 7:00 pm

Tour Programme: Bottle Beach, Koh Ma, Sunset Point Includes: Longtail boat, sparkling wine and canapé.

Sunset Fishing Trip by Longtail Boat

The waters around Koh Phangan are teeming with game fish. Let us take you out to the prime spots around Koh Phangan for a tropical fishing trip, and take in beautiful views along the way.

Time: 4:00 pm – 7:00 pm

Includes: Longtail boat, fishing equipment, soft drink and snack

Moon Parties

Events in the lunar calendar, such as full and half moons, bring with it huge crowds to Koh Phangan. A distance away from the serenity which surrounds Anantara Rasananda Resort & Spa is the famed Hat Rin where travelers congregate to party the night away. Let us take care of getting you there to ensure a stress free celestial experience.



Full Moon Party

The ultimate beach party sees some of the world best DJ's passing through and playing to crowds of up to 30,000 people. Take part in this world famous tropical event and dance the night away, listening to the latest beats enhanced by neon paints and stunning visual effects.

Time: 9:00 pm - 2:00 am **Programme Includes:** Hotel Transfer

Half Moon Party

An unbeatable blend of tribal dance and house music will welcome you into this seaside party. Immerse yourself in the UV body art antics to kick start your party spirit and enjoy the night on the indoor or outdoor dance floors amongst captivating visuals as well as bars and restaurants to fuel you till the end of the evening.

Time: 9:00 pm - 2:00 am **Programme Includes:** Hotel Transfer

Travel note

Landscape

Blessed with some of Thailand's most spectacular beaches and an unspoiled interior, Koh Phangan's landscapes include both aquamarine waters and lush green jungles. Just like its more well-known neighbour, Koh Samui, Koh Phangan's coast is lined with white sand and dotted with coconut trees. However, the interior differs from its elder sister. A mountainous rainforest rises from the center of the island, much of which is national park. Many areas are still only moderately developed, making parts of Koh Phangan seem like a step back in time.

People

People settled Ko Phangan more than two thousand years ago, and for much of its history, its inhabitants were primarily coconut farmers and fisherman. Although the population has increased dramatically over the last century and the island has a thriving tourist industry, fishing and farming remain a vital part of life for many local people.

Weather

Temperatures in Koh Phangan are fairly constant year-round, hovering around 30° C during the day and 25 C° at night. While showers can creep up throughout the year, rain is heaviest from October through mid-December.

Currency

The national currency is the Thai Baht. As of January 2013, the exchange rate is approximately THB 30 to 1 USD and THB 40 to 1 EUR. Airport kiosks and leading banks around the island exchange major currencies. ATMs are plentiful and most enable cash withdrawals from home accounts around the world.

Arrival

The nearest international airport is Koh Samui Airport, a 40-minute speedboat ride from Koh Phangan. We can arrange for our host to greet you at Koh Samui Airport and escort you to our beach facility in Bang Rak, where you can relax and enjoy complimentary refreshments before being whisked across the channel directly to the soft sands in front of Anantara Rasananda Koh Phangan Villa Resort & Spa. Public ferries are also an option, and will bring you to Thong Sala Pier on Koh Phangan. At the pier, you will be greeted by your host and taken to the resort, cost THB 1,200/ car maximum 3 persons in a 30-minute scenic drive that winds through the island's lush mountains and forests.

Exploring Koh Phangan

Koh Phangan has long been a favourite destination for revellers around the world who come to join the parties that made it famous, like the Full Moon Party, which has happened monthly for 20 years on Haad Rin Beach. But away from the music and dancing, the island is awash in quieter treasures. Many beaches are undeveloped and perfect for a tranquil stroll, while the jungles and mountains of the national park are ideal for those who wish to explore wilder surroundings. For those who enjoy snorkelling or scuba diving, crystal clear water and colourful coral reefs offer endless opportunities for discovery.

Boat & Ferry

Scheduled Speedboat - Shared speedboats depart daily from Koh Samui at 11:30 a.m. and 4:30 p.m., and from Rasananda at 9:30 a.m. and 1:30 p.m. The crossing takes approximately 40 minutes and costs THB 4,200 per person round-trip or THB 2,600 per person one-way.

Private Speedboat - Private boats for up to six people are available upon request from dawn to dusk, subject to weather conditions. The price is THB 24,000 round-trip or THB 13,000 one-way, and includes sparkling wine and canapés onboard.

Public Ferry - Three companies operate public ferry service between Koh Samui and Koh Phangan at various times, the latest of which departs Koh Samui at 6:00 p.m. The cost for the public ferry is THB 2,500 per person round-trip or THB 1,800 per person one-way, and includes land transfer on Koh Samui, ferry ticket and land transfer on Koh Phangan. All modes of sea crossing include complimentary pick-up and drop-off service between Koh Samui's pier and Koh Samui International Airport. For all other areas of Koh Samui an additional charge applies and varies according to the location.



