

MUAY THAI ACADEMY

Get fighting fit as you discover the ancient martial art of Muay Thai kick boxing at Anantara Riverside Bangkok Resort.

Master Thailand's unique unarmed combat style known as the "art of eight limbs", using knees, shins, feet and elbows. Train with an expert Muay Thai instructor in a full size Muay Thai ring, choosing from a range of private and group sessions from beginner to advance levels, for adults and children.

Sessions	Beginner Programmes				Advance Programmes
	Single	Couple	Group (minimum 3 persons)	Child (7 – 12 years old)	Single (adults only)
1 session	1,550	850	650	550	3,250
3 sessions	4,350	2,400	1,800	1,425	9,250
5 sessions for 1 month	6,750	3,750	2,750	2,250	
10 sessions for 3 months	12,500	7,000	5,000	4,000	
20 sessions for 6 months	23,000	13,000	9,000	7,000	
Scheduled group session	650 per person (adult or child)				

Terms & Conditions

- Prices are per person and subject to 10% service charge and applicable government tax.
- Each session include stretching and cool down techniques.
- Duration of each session is 90 minutes.
- Scheduled 60 minute group session every Tuesday and Thursday from 2.00 pm - 3.00 pm.
- Each session includes complimentary drinking water.
- Reservations of 15 persons receive the exclusive Anantara Riverside Bangkok Muay Thai Academy T-shirt with our compliments.
- Muay Thai Academy merchandise is available for sale at a special price of THB 350 for a T-Shirt and THB 650 for a pair of shorts.

For more information and reservations, please contact Fitness Club at 02 476 0022 ext. 1541.



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