



spicespoons

A PORTUGUESE CULINARY JOURNEY



ANANTARA
VILAMOURA • ALGARVE
RESORT



SPICE SPOONS

Much more than just a cooking class, Spice Spoons offers a rich and interactive immersion in Portugal world famous gastronomy.

Take a morning trip to Loulé old town to enjoy a tradicional guided local market tour to pick up fresh ingredients that you will use in the cooking class later on. Return to the resort to learn about Portuguse cuisine cultural significance and helth benefits and visit our aromatic herbs garden. Choose from a menu of authentic regional recipes from across Algarve. Learn to cook your favourite dishes in a step by step class at Victoria restaurant, and then savour your creations for lunch.

Leave with wonderful memories and impressive new skills to entertain family and friends back home, as well as a Spice Spoons shopping bag containing an apron and a pen drive with recipe cards.

To book, please contact the reception desk at least 24 hours in advance.





COOKING CLASS PROGRAMME

Available from Tuesday to Saturday

- 9.30 am Meet chef at lobby Depart from resort for Loulé Market tour
- 12.00 pm Return to resort with time to relax
- 12.30 pm Meet at Victoria Restaurant: 3 courses cooking class with the Chef (choice of starter, main course and dessert)
- 1.30 pm Enjoy your creations for lunch

EUR 125 per person

Price includes a Spice Spoons cooking set:

- Apron
- Spice Spoons bag
- Spice Spoons certificate
- Spice Spoons pen drive with recipes



MENU OPTIONS

Please select one dish from each category (3 in total)

Appetisers

Tábua de queijos
e enchidos

Portuguese cheeses
and charcuterie selection

Ameijoas “Bulhão Pato”

Clams with olive oil and cilantro

Arjamolho

Traditional cold soup

Carapaus alimados

Mackerel with olive oil and garlic

Main courses

Cataplana Algarvia

Traditional fish and seafood stew

Arroz de lingueirão

Razor clams rice

Bife de atum
de cebolada

Tuna steak with onion

Desserts

Arroz doce

Portuguese rice pudding
with cinnamon

PACKAGE ENHANCEMENTS

Add additional recipes at EUR 20 per dish.

Terms and conditions

Reservations must be made at least 24 hours in advance.
Cancellations must be made at least 12 hours in advance, otherwise
a 50% charge applies.

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