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DREAM BIG TECH GETS ARTY AT ARTSCIENCE MUSEUM

DESIRABLE ESCAPE ANANTARA LAYAN

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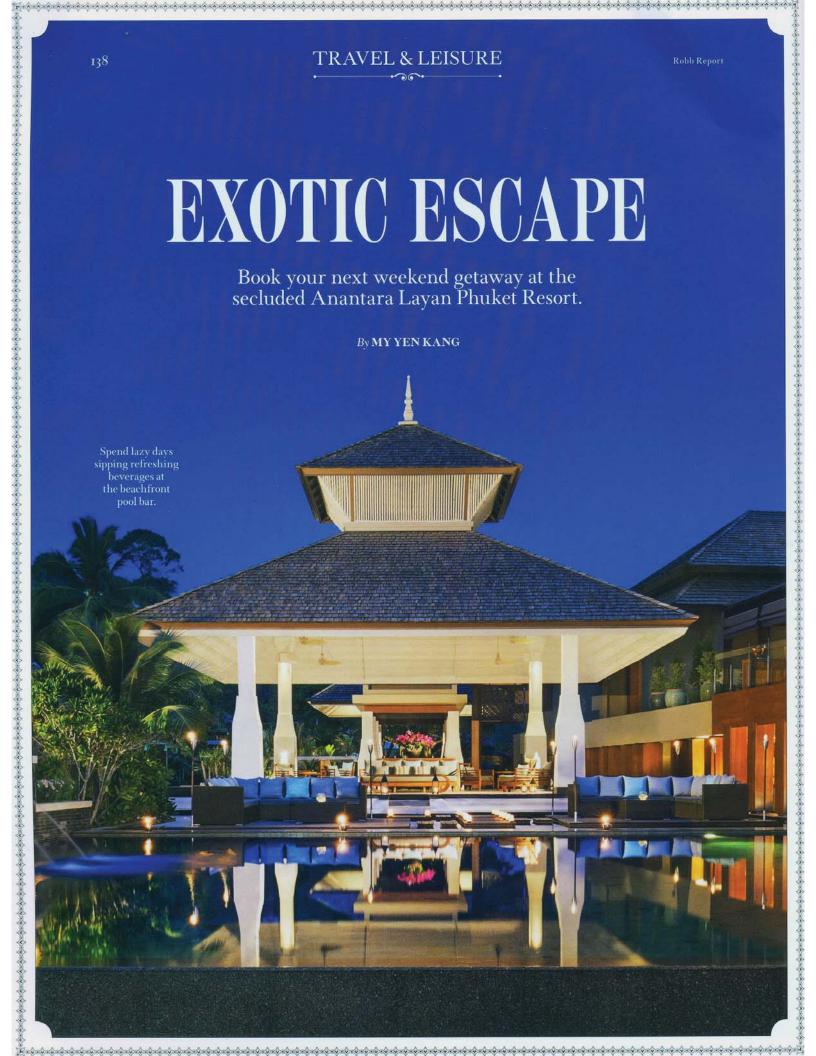
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TRAVEL & LEISURE



raised for being one of the 10 Most Exoctic Hotels in the World by Architectural Design and Huffington Post, you can easily see why this tropical hideaway is a must visit. Located west of Phuket on a quiet bay of Layan beach and neighbour to Sirinath National Park, Anantara Layan Phuket offers nine types of accommodation options, varying from 56sqm to an impressive 485sqm.

A lavish breakfast with live cooking stations features cuisines from around the globe as well vegan gluten-free dishes. Healthy options include fresh juices and smoothies, housemade granola and and all types of superfoods from chia seeds, flax seeds, hemp seeds, alfalfa, millet and more.

From the breakfast spread,

Anantara Layan Phuket offers nine types of accommodation options.



From top: one of the 10 Premier Rooms; each boxing student is kitted out with hand wraps and genuine Muay Thai gloves.

one can already guess that a healthy mind, body and soul is enouraged at Anantara Layan Phuket Resort. Its state-of-the-art Muay Thai boxing ring, called Layan Stadium, is located in a sala between the resort's lotus pond and greenery. It measures half the size of a standard Muay Thai boxing ring, but does not fall short when it comes to the training sessions by expert instructors, which cater to all ages and abilities. Relieving tense muscles from Muay Thai boxing is easy at the Anantara Spa and its seven luxurious treatment suites. The signature healing massage merges ancient Asian wellness traditions with revered Western techniques. Hiding away in this oasis is an ideal way to spend a few hours of pleasure. phuket-layan.anantara.com 🐲