

# VISITING WELLNESS PRACTITIONER



Ancient wisdom and contemporary diagnostics meet. Explore alternative healing therapies from acupuncture to epigenetics.

Rui Pedro Loureiro is a Traditional Chinese Medicine Doctor and licensed acupuncturist. With over 17 years of research and practice in his field, Dr. Rui Pedro invites you to harness the power of acupuncture to treat a host of ailments, from joint pain, backache and arthritis to chronic headaches and migraines. Based on a holistic medical history and detailed consultation, Dr. Rui uses his needles to unblock your body's qi, leading to long-term relief and overall wellbeing. Discover new acupuncture-based therapies, from 24-carat gold needle "natural facelifts", to anti-cellulite treatments, to auricular therapy to quit smoking.

Visit Dr. Rui at Anantara Spa for a complimentary consultation.

#### Treatments offered at Balance Wellness by Anantara Spa:

- Full diagnosis and acupuncture treatment (60 minutes)
- Quit smoking for life (30 minutes)  
With an average success rate of 85% percent
- Holistic facial rejuvenation programme (60 minutes)  
Natural facelift – 24-carat gold needle acupuncture
- Anti-cellulite treatment (60 minutes)
- Full epigenetic test (60 minutes)  
Digging deeper into your genetic data



**Dr. Rui Pedro Loureiro**  
Chinese Medicine Practitioner  
20 February – 31 March 2018