

VISITING WELLNESS PRACTITIONER



Katrina Valente
Holistic Aesthetician
2 December 2017 – 14 January 2018

Scottish-Italian beauty Katrina Valente is a master practitioner of aromatherapy, reflexology, colour and crystal therapy, and reiki and pranic healing, and has spent the last two decades based in Dubai giving holistic beauty treatments to royalty and socialites alike.

Trained at the Burghley Academy of Beauty in Cambridgeshire, Katrina's philosophy begins with the maxim that beauty radiates from the inside out. Her facials and anti-ageing treatments combine the latest medical innovations, 100% organic aroma products and the healing powers of holistic medicine. Katrina infuses all her treatments with elements of reflexology and crystal therapy to deeply relax. Each personalised consultation with Katrina begins with colour therapy to individualise treatments based on each individual's chakras.

Intracuticals Oxygen

Pressurised oxygen delivers tailored anti-ageing nutrients to the skin, as well as miracle formulations such as Atoxylene which reduces fine lines, and hyaluronic acid which tightens and hydrates.

Facial 60-75 mins / USD 295-355++

Dermapen Mesotherapy

Introducing a cocktail of vitamins, minerals, co-enzymes and amino acids directly beneath the epidermis, leaving skin instantly plump and radiant. Two treatments per week recommended, for a complete course of four. Receive a 20% discount.

90 mins / USD 585++

Eminence Organic Facial with Seaweed Collagen Mask

Suitable for all skin types, using all-natural products. A soothing facial massage with masks and serums combined with colour therapy to deeply relax.

75 mins / USD 280++

Altearah Bio Colour Facial

Using the latest neuroactive technology and organic essential oil products that treat the emotions based on your aura. Find deep healing with a comprehensive facial massage and a soothing algae mask.

75 mins / USD 345++

Raindrop Back & Foot Massage

With origins tracing back to the Lakota Native Indians, a sequence of nine essential oils is carefully applied to the feet and back, dropped as rainfall then brushed gently with the fingertips before a full kneading massage. The perfect brain de-stressor.

75 mins / USD 325++

Colour Therapy Massage

Realign the chakras with a full body, back or foot massage using a combination of Altearah organic essential oils mixed to the same vibrations as each chakra. A deeply relaxing treatment that works in harmony with your aura.

75 mins / USD 270++

Clinical Lymphatic Drainage Massage

A gentle detox that alleviates the symptoms of bloating, swelling and cellulite. Light rhythmic massage clears toxins from the body, boosts the immune system and improves circulation.

75 mins / USD 360++

Shamanic Reiki Healing

A hands-on ancient healing technique that transfers energy and reawakens the true self. Katrina combines reiki with the Access Bars technique, colour therapy and tarot for everything from relationship problems to career advice.

90 mins / USD 320++

Spiritual Response Therapy

Harnessing the power of your subconscious and colour therapy, Katrina clears spiritual blocks or negative energy that affects all aspects of your life, from chronic pain to personal issues, relationships and more.

60-90 mins / USD 250-375++